

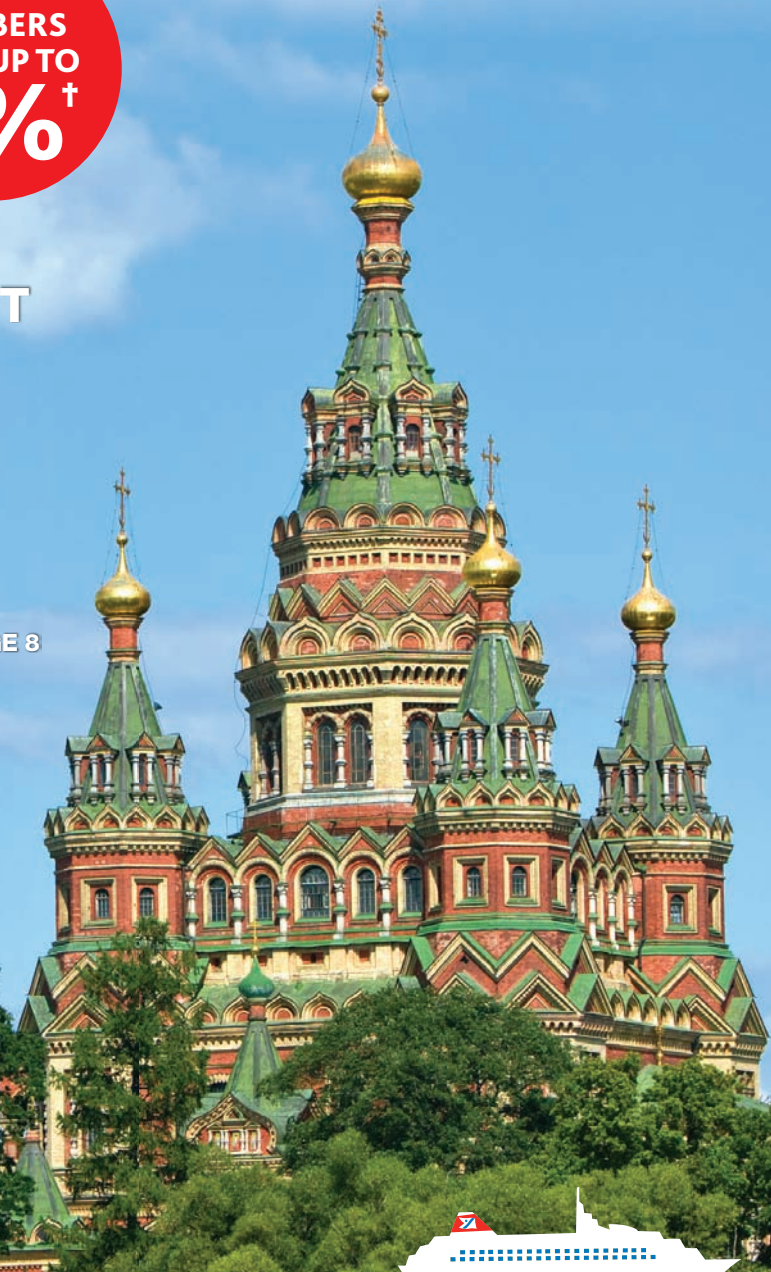
YOUR MONTHLY GUIDE TO FRED. OLSEN CRUISES



FREE
PARKING OR
TRANSPORT
CONTRIBUTION
ON SELECTED
CRUISES*

OCEAN
MEMBERS
SAVE UP TO
5%[†]

- LEARN ALL THE FACTS ABOUT
BALMORAL PAGE 2
- INTRODUCING THE BALTIC
COLLECTION PAGE 4
- CRUISE WITH THE OPERA
BABES AND BEATLEMANIA PAGE 8



Ocean World Travel 023 8071 4790
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association of cruise experts



BALMORAL



The newest and largest of the Fred. Olsen fleet, the Balmoral is a floating luxury. Carrying around 1,300 passengers, she is still smaller than most cruise ships today permitting her to get in to smaller ports of call which the larger ships can't get to. Her size does not reflect the wide range of facilities and things to do on board.

Dining on board is a traditional yet luxury affair. The Ballindaloch Restaurant is the main restaurant on board for evening dining. In this stylish restaurant your taste buds will be tempted by the delicious dishes which are on offer whilst you sit surrounded by beautiful light décor and friendly staff. Other popular restaurants on board include the Spey and Avon. Both restaurants provide the same a la carte menu as the Ballindaloch restaurant, but their intimate design and panoramic views give you a unique dining experience on board the Balmoral.

If you prefer a more casual dining experience, The Palms Café and Marquee bar are both popular venues. Enjoy a fine choice of dishes from the buffet in the Palms Cafe, or a casual al-fresco lunch in the Marquee Bar, all prepared to the same high standard you expect from Fred. Olsen Cruise Lines.



There is a wide variety of entertainment on board Balmoral. Take



your seat in the Neptune Lounge as the sun goes down and experience the music, dancing, lights and costumes or try your luck on one of the gaming tables in the gaming area. If you fancy a more relaxing evening, the Lido Bar is the perfect place to unwind and listen to the talents of the on board pianist or music duo. For a more traditional

feel, enjoy a drink in the Morning Light pub which is decorated in traditional style and accompanied by the occasional stand-up comedian or live music.

During your days at sea, there are plenty of activities and facilities to choose from. Enjoy a dip in one of the two pools situated on Balmoral's lounge and marquee decks; relax in one of the whirlpool Jacuzzis or simply sit back with a cocktail in the Marquee Bar. To find true relaxation treat yourself in the Atlantis Spa which offers nourishing facials, hot stone massages, body shaping treatments and more.



For something more active there is the fitness centre. Situated at the front of the ship on deck 10, the Fitness Centre offers perfect views as you exercise at your own pace. If you want to get creative then call in to the arts and crafts room where you can explore your ideas and designs or participate in one of the craft lectures.

FJORDS & COASTAL TOWNS

10th June 2013 – 8nts

Southampton – Haugesund – Flam – Olden
Bergen – Stavanger – Southampton

Inside Cabin fr **£939^{PP}**
Outside Cabin fr **£1109^{PP}**
Suite fr **£2329^{PP}**
Single Cabin fr **£1659**

NORTH CAPE

18th June 2013 – 14nts

Southampton – Alesund – Tromso – Honningsvåg
Leknes – Molde – Bergen – Stavanger – Southampton

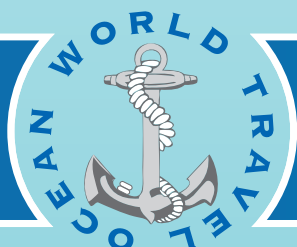
Inside Cabin fr **£1199^{PP}**
Outside Cabin fr **£1429^{PP}**
Suite fr **£2859^{PP}**
Single Cabin fr **£2019**

HIGHLANDS & IRELAND

16th July 2013 – 10nts

Southampton – St Peter Port – Dublin (overnight onboard) – Tobermory – Ullapool – Kirkwall
Stornoway – Belfast – Southampton

Inside Cabin fr **£1109^{PP}**
Outside Cabin fr **£1379^{PP}**
Suite fr **£2709^{PP}**
Single Cabin fr **CALL**





MOUNTAINS, FJORDS & POLAR BEARS

26th July 2013 – 16nts

Southampton – Alesund – Tromso
Honningsvag – Longyearbyen – Ny Alesund
Kristiansund – Olden – Southampton

Inside Cabin fr £1879^{PP}
Outside Cabin fr..... £2219^{PP}
Suite fr £3979^{PP}
Single Cabin fr..... £3579



MINI CRUISE

23rd August 2013 – 5nts

Southampton – St Malo
Cobh (overnight onboard) – Southampton

Inside Cabin fr £439^{PP}
Outside Cabin fr..... £519^{PP}
Suite fr £1029^{PP}
Single Cabin fr..... £749

FJORDS, FITNESS & MOUNTAIN AIR

28th August 2013 – 8nts

Southampton – Haudesund – Flam – Olden
Bergen – Stavanger – Southampton

Inside Cabin fr £939^{PP}
Outside Cabin fr..... £1109^{PP}
Suite fr £1979^{PP}
Single Cabin fr..... £1599

FJORDS & TOWNS OF NORWAY

19th September 2013 – 8nts

Southampton – Haugesund – Olden – Flam
Bergen – Stavanger – Southampton

Inside Cabin fr £939^{PP}
Outside Cabin fr..... £1109^{PP}
Suite fr £1959^{PP}
Single Cabin fr..... £1569

THE ART OF THE MEDITERRANEAN

27th September 2013 – 14nts

Southampton – Malaga – Palamos – Ajaccio
Menorca – Cartagena – Lisbon – Southampton

Inside Cabin fr £1459^{PP}
Outside Cabin fr..... £1739^{PP}
Suite fr £2829^{PP}
Single Cabin fr..... £2459

SPAIN, PORTUGAL & GIBRALTAR

11th August 2013 – 12nts

Southampton – Lisbon – Alixante – Menorca
Gibraltar – La Coruna – Southampton

Inside Cabin fr £1269^{PP}
Outside Cabin fr..... £1509^{PP}
Suite fr £2729^{PP}
Single Cabin fr..... £2139



CAPE VERDE ISLANDS

11th October 2013 – 18nts

Southampton – Madeira – Gran Canaria – Praia
Mindelo – Tenerife – Lisbon – Southampton

Inside Cabin fr £1389^{PP}
Outside Cabin fr..... £1649^{PP}
Suite fr £3139^{PP}
Single Cabin fr..... £2329



AGATHA CHRISTIE CRUISE

29th October 2013 – 13nts

Southampton – Portugal – La Gomera – Tenerife
Las Palmas – Lanzarote – Lisbon – Southampton

Inside Cabin fr £899^{PP}
Outside Cabin fr..... £1099^{PP}
Suite fr £2239^{PP}
Single Cabin fr..... £1679

WEST INDIES DISCOVERY

11th November 2013 – 32nts

Southampton – Funchal – Barbados
Grenada – St Vincent & Grenadines – St Lucia
Dominican Republic – Turks & Caicos – Tortola
St Maarten – Ponta Delgada – Southampton

Inside Cabin fr £2999^{PP}
Outside Cabin fr..... £3559^{PP}
Suite fr £5719^{PP}
Single Cabin fr..... £5039

CANARIES CHRISTMAS & NEW YEAR

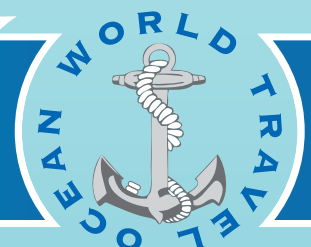
21st December 2013 – 15nts

Southampton – Lisbon – Lanzarote
Gran Canaria – Tenerife – La Gomera – La Palma
Madeira (overnight onboard) – Southampton

Inside Cabin fr £1829^{PP}
Outside Cabin fr..... £2159^{PP}
Suite fr £3839^{PP}
Single Cabin fr..... £3479

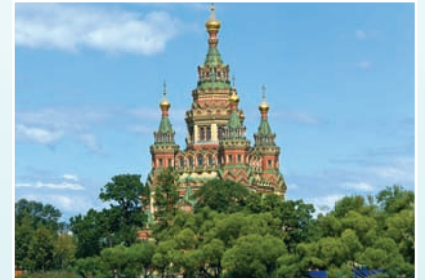


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DISCOVER THE BALTICS WITH FRED. OLSEN CRUISE LINES



The cities that sit on the shores of the Baltic Sea have been vital stops on the trade route east for centuries. Therefore each destination is steeped in intriguing history, stories of the past and diverse cultures. There is not a better way to explore the Baltic other than taking a Fred Olsen cruise. Discover the opulent architecture, wonder the medieval streets and immerse yourself in the Baltic atmosphere.

ST PETERSBURG

St Petersburg, one of the most iconic cities of Russia, is utterly captivating. Also known as one of the most beautiful cities in the world, St Petersburg has lots to offer. Explore the elegant streets, Baroque palaces, ornate bridges and broad curving canals.

The city is built on 40 islands at the mouth of the River Neva. On the Neva embankment is where you can find the famous Winter Palace. The Winter Palace has over a thousand rooms and is merely the most magnificent combination of six buildings that make up the Hermitage museum.

Discover the main street Nevsky Prospekt, which is 5km long and lined with cafes, bars restaurants and sumptuous shops. Enjoy hot Russian crepes, filled with a range of different fillings such as caviar, mushrooms or caramel.

STOCKHOLM



As the capital of Sweden, Stockholm is set on 14 islands at the beginning of an archipelago stretching out in to the Baltic, giving it a very unique appeal. The city is a pleasure to explore, with cutting-edge modern architecture, bridges which criss-cross the water and wide boulevards.

There is a huge choice of things to do, perhaps take a stroll through the Old Town which has medieval

streets, cobbled squares and narrow pathways or visit one of the Royal residences such as The Royal Palace or The Drottningholm Palace.

COPENHAGEN

Copenhagen has something for everyone. A city that could be described as a 'fairy tale' will certainly take you back to your childhood. A must see is Tivoli Gardens, which is a fun filled amusement park and pleasure garden which is made up of thrilling rides, café's and open air shows. Tivoli Gardens is the second oldest amusement park in the world.



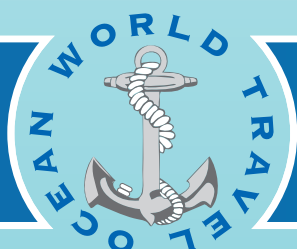
The district of Nyhavn is a beautiful example of Denmark's culture. Made up of gable houses, outdoor restaurants and flanking canals full of fishing boats. Nyhavn Quay is the perfect place to people watch, sit back and relax with a Carlsberg or Tuborg which originates from Denmark. Watch out for "The Little Mermaid" as your walking to and from the ship.

TALLINN



Known as one of the best preserved cities in Europe, Tallinn is a combination of fascinating churches, well preserved cobbled streets and medieval houses. The oldest part of the city, The Toompea Hill has medieval houses and alleyways. At the foot of the hill substantial remains of the city wall can still be seen surrounded by well-maintained parks.

The medieval town hall is one of the best preserved in Northern Europe, and the weathercock, Gamie Toomas, on top of the building symbolises Tallinn. A must see is the ornate Alexander Nevskij castle which was built at the end 19th Century.





Ship Name	Date	Nts	Destination	Inside Cabin fr (PP)	Outside Cabin fr (PP)	Superior Outside fr (PP)	Single Cabin fr
Black Watch	7 May 2013	14	European Capitals & Canals	CALL	£1,179	£1,439	£2,739
Boudicca	23 May 2013	14	Scandinavia and St Petersburg	£1099	£1,289	£1,589	£1,849
Balmoral	27 May 2013	14	Baltic Capitals and Culture	£999	£1,179	£1,499	£1,699
Black Watch	29 May 2013	17	Lapland and St Petersburg	£1,199	£1,459	£1,729	£2,009
Braemar	3 June 2013	12	Scandinavia and St Petersburg	£999	£1,169	£1,439	£1,679
Boudicca	9 June 2013	14	Scandinavia and St Petersburg	£1,199	£1,499	£1,849	£2,119
Black Watch	18 June 2013	13	Stockholm and St Petersburg	£1,099	£1,299	£1,579	£1,839
Balmoral	2 July 2013	14	Baltic Capitals and Culture	£1,099	£1,299	£1,609	£2,089
Black Watch	9 July 2013	13	Estonia and St Petersburg	£999	£1,179	£1,439	£1,679
Braemar	18 July 2013	13	St Petersburg Discovery	£999	£1,169	£1,449	£1,689
Boudicca	30 August 2013	14	Stockholm and St Petersburg	£1,279	£1,499	£1,849	£2,159
Balmoral	5 September 2013	14	Baltic Capitals and Culture	£1,599	£1,919	£2,389	£3,089
Black Watch	8 September 2013	12	Scandinavia and St Petersburg	£999	£1,229	£1,449	£2,569
Boudicca	23 September 2013	10	Scandinavian Cities	£749	£899	£1,109	£1,249
Black Watch	24 November 2013	12	Baltic Cruise	CALL	£809	£989	£1,159
Balmoral	13 December 2013	8	Christmas Markets	£749	£889	£1,079	£1,389
Boudicca	23 December 2013	10	Christmas in Scandinavia	£1,139	£1,329	£1,639	£1,909



Call our cruise planners **023 8071 4790**





ANCHOR FARES

NORWAY WITH ARCTIC CIRCLE

1st July 2013 – 8nts

Newcastle – Kristiansund – Bornnoysund
Bodo – Bergen – Newcastle

Inside Cabin fr.....	£799 ^{PP}
Outside Cabin fr.....	£879 ^{PP}
Suite fr.....	£1669 ^{PP}
Single Cabin fr.....	£1279



ANCHOR FARES

CANARY ISLANDS

30th July 2013 – 15nts

Newcastle – La Coruna – La Palma – Tenerife
Gran Canaria – Lanzarote – Lisbon – Newcastle

Inside Cabin fr.....	£1409 ^{PP}
Outside Cabin fr.....	£1579 ^{PP}
Suite fr.....	£2739 ^{PP}
Single Cabin fr.....	£2179



ANCHOR FARES

DISCOVER ICELAND & GREENLAND

18th August 2013 – 14nts

Rosyth – Reykjavik (overnight onboard) – Isafjordur
Husavik – Torshavn – Flam – Olden – Bergen – Rosyth

Inside Cabin fr.....	£1399 ^{PP}
Outside Cabin fr.....	£1659 ^{PP}
Suite fr.....	£2559 ^{PP}
Single Cabin fr.....	£3129

AZORES & CANARY ISLES

3rd October 2013 – 16nts

Dover – Praia Da Vitoria – Horta – Ponta Delgada – Madeira
Tenerife – Lanzarote – Lisbon (overnight onboard) – Dover

Inside Cabin fr.....	£1589 ^{PP}
Outside Cabin fr.....	£1679 ^{PP}
Suite fr.....	£2679 ^{PP}
Single Cabin fr.....	£2399

TURKISH & GREEK ODYSSEY

19th October 2013 – 28nts

Dover – Lisbon – La Goulette – Izmir – Istanbul (overnight onboard) – Canakkale – Volos – Piraeus (overnight onboard) – Kalamata – Itea – Kerkira – Malta – Gibraltar – Dover

Inside Cabin fr.....	£2899 ^{PP}
Outside Cabin fr.....	£3199 ^{PP}
Suite fr.....	£5179 ^{PP}
Single Cabin fr.....	£4829



PORTUGAL & SPAIN

16th November 2013 – 8nts

Dover – Lisbon – Leixoes – Vigo – La Coruna – Dover

Inside Cabin fr.....	CALL
Outside Cabin fr.....	£839 ^{PP}
Suite fr.....	£1239 ^{PP}
Single Cabin fr.....	£1229

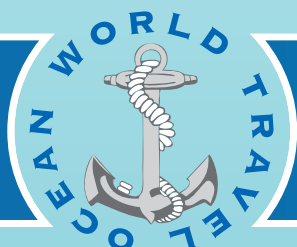


CHRISTMAS IN THE CARIBBEAN

20th December 2013 – 25nts

Southampton – Madeira – Barbados – St Lucia (overnight onboard) – Antigua – St Maarten – Tortola – Ponta Delgada – Southampton

Inside Cabin fr.....	£2849 ^{PP}
Outside Cabin fr.....	£3379 ^{PP}
Suite fr.....	£5219 ^{PP}
Single Cabin fr.....	£4799





BOUDICCA

ANCHOR FARES **BARCELONA, MAJORCA & GIBRALTAR**

18th October 2013 – 17nts

Southampton – Malaga – Cartagena – Palma – Mahon – Alghero
Toulon – Barcelona (overnight onboard) – Gibraltar – Southampton

Inside Cabin fr..... **£1279^{PP}**
Outside Cabin fr **£1469^{PP}**
Suite fr..... **£2649^{PP}**
Single Cabin fr **£1999**

AMSTERDAM & ANTWERP

14th November 2013 – 4nts

Southampton – Amsterdam (overnight onboard)
Antwerp – Southampton

Inside Cabin fr..... **£399^{PP}**
Outside Cabin fr **£349^{PP}**
Suite fr..... **£599^{PP}**
Single Cabin fr **£499**

RED SEA VOYAGE

18th November 2013 – 30nts

Southampton – Malaga – Cagliari – Trapani
Alexandria – Port Said – Transit Suez Canal – Safaga
Sharm El Sheikh – Aqaba – Transit Suez Canal
Catania – Malta – Gibraltar – Ferrol – Southampton

Inside Cabin fr..... **£2499^{PP}**
Outside Cabin fr **£2799^{PP}**
Suite fr..... **£5499^{PP}**
Single Cabin fr **£4199**

BRUGES & BREMEN

18th December 2013 – 5nts

Southampton – Bremerhaven (overnight onboard)
Zeebrugge – Southampton

Inside Cabin fr..... **£499^{PP}**
Outside Cabin fr **£569^{PP}**
Suite fr..... **£859^{PP}**
Single Cabin fr **£809**

CHRISTMAS CRUISE

23rd December 2013 – 10nts

Southampton – Zeebrugge – Copenhagen (overnight onboard) – Warnemunde – Kiel Canal Transit – Bremerhaven (overnight onboard) – Hamburg – Southampton

Inside Cabin fr..... **£1139^{PP}**
Outside Cabin fr **£1329^{PP}**
Suite fr..... **£2049^{PP}**
Single Cabin fr **£1909**



BRAEMAR

IRELAND & SCOTLAND

14th August 2013 – 9nts

Dover – Dublin (overnight onboard) – Belfast
Ullapool – Kirkwall – Invergordon – Dover

Inside Cabin fr..... **£999^{PP}**
Outside Cabin fr **£1169^{PP}**
Suite fr..... **£2259^{PP}**
Single Cabin fr **£1749**

NORWAY

9th September 2013 – 8nts

Dover – Bergen – Skjolden – Flam
Eidfjord – Stavanger – Dover

Inside Cabin fr..... **£919^{PP}**
Outside Cabin fr **£1069^{PP}**
Suite fr..... **£2079^{PP}**
Single Cabin fr **£1609**

AROUND ITALY & SPAIN

17th September 2013 – 17nts

Dover – Malaga – Cartagena – Livorno – Civitavecchia (for Rome) – Naples – Cagliari – Melilla – Gibraltar – Dover

Inside Cabin fr..... **£1799^{PP}**
Outside Cabin fr **£2109^{PP}**
Suite fr..... **£4089^{PP}**
Single Cabin fr **£3129**

ANCHOR FARES **PORTUGAL, MOROCCO & TENERIFE**

19th November 2013 – 7nts

Dover – Lisbon – Portimao
Casablanca – Tenerife – Fly UK

Inside Cabin fr..... **£499^{PP}**
Outside Cabin fr **£599^{PP}**
Suite fr..... **£1249^{PP}**
Single Cabin fr **£759**

WEST AFRICA & CANARY ISLANDS

6th December 2013 – 14nts

Fly UK – Tenerife – Mindelo – Porto Novo – Praia – Banjul
Dakar – Futerventura – Gran Canaria – Tenerife – Fly UK

Inside Cabin fr..... **£1139^{PP}**
Outside Cabin fr **£1309^{PP}**
Suite fr..... **£2439^{PP}**
Single Cabin fr **£1909**

Call our cruise planners **023 8071 4790**



VISTAS - THEMED CRUISES



LIVERPOOL & DUBLIN CRUISE

14th July 2013 – 3nts

Greenock – Dublin (overnight onboard) – Liverpool

Inside Cabin fr **CALL**
 Outside Cabin fr **£299^{PP}**
 Suite fr **£529^{PP}**
 Single Cabin fr **£389**



FREE ONE WAY TRANSFER



BOUDICCA

BEATLEMANIA

Depart from Greenock for this short voyage to explore Dublin and Liverpool.

As well as its landscaped parks and rich Georgian heritage, Dublin has personality. Made up of traditional pubs, modern bars, thriving markets and elegant shops, Dublin is a popular mini break destination. Bursting with culture, landmarks such as the Old Parliament House, Trinity College, Dublin Castle and Christchurch Cathedral are well worth a visit.

Liverpool, named the 2008 capital of culture is your final stop. Packed with museums, art galleries and history, Liverpool has everything to offer as well as the birth place of the Beatles.

Joining you on this voyage will be 'Beatlemania'. Regarded as one of the UK's leading tribute acts, playing to ecstatic sellout audiences throughout the world, the band who formed in the 1990's have gained such a high reputation on the tribute scene that they are constantly in demand. Beatlemania will be performing on board, using authentic guitars, drums and amplifiers to add to the atmosphere.



SCANDINAVIA & ST PETERSBURG

31st July 2013 – 14nts

Liverpool – Kristiansand – Visby – Tallinn – St Petersburg (overnight onboard) – Helsinki – Copenhagen – Liverpool

Inside Cabin fr **£1299^{PP}**
 Outside Cabin fr **£1519^{PP}**
 Suite fr **£2339^{PP}**
 Single Cabin fr **£2179**



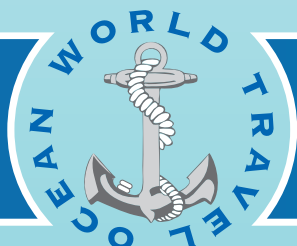
BOUDICCA

THE OPERA BABES

Join Boudicca on this voyage to discover Scandinavia and St Petersburg. Departing from Liverpool, sail to Kristiansand where you will find some of the best beaches in Southern Norway, small white house's dotted just offshore and beautiful tendered gardens.

St Petersburg is the main highlight of this cruise where you have an overnight visit to give you plenty of time to explore the city. Enjoy the fascinating blend of neoclassical architecture, baroque palaces and broad curving canals.

This cruise is joined by the Operababes. Founded in London's Covent Garden busking, the two opera singers were almost overnight stars, achieving number one chart positions over the world and releasing albums to become an international phenomenon. They are a true 'rag to riches' story and have performed for the Royal Family of the United Arab Emirates at the Royal Emirates Palace in Abu Dhabi.



Ocean World Travel, Ocean World House, 1 Paynes Road, Southampton, Hampshire SO15 3DL
 Call our sales office on: **023 8071 4790**

Website: www.oceanworldtravel.com Email: sales@oceanworldtravel.com

OPENING HOURS: 0900 – 2000 Monday to Friday 0900 – 1800 Saturday 1000 – 1700 Sunday

Offers are extremely limited and may be withdrawn at any time without prior notice. *Transport contribution is applicable on selected cruises. †Oceans blue members receive 5% discount for bookings made 12 months prior to departure. Oceans silver members receive 5% discount for bookings made 9 months prior to departure. Oceans gold members receive 5% discount for bookings made 6 months before departure. †Anchor fares will require full payment at time of booking, full cancellation charges will apply and will be non transferable. Further terms and conditions apply. Prices are per adult and based on grade stated and twin occupancy. Fred.Olsen Cruise Lines terms and booking conditions apply as per current website. These offers are for new bookings only and cannot be combined with any other promotion. Some ports may be at anchor. Pictures are for illustration.

